

Safe House Support Services

for women and families

North Somerset

Need a safe place to stay? We can help you.

We have safe houses for single women, women with children and women with complex needs.

We can talk to you about your situation in confidence.

Call us on 0800 4700 280

Don't suffer in silence, we can help you.

Next Link can provide a safe house, support and advice about your future.

Contact us. We can meet with you and provide emotional and practical support for you and your children.





Are you in a violent relationship?

It's not just you.

Many women and children live their lives under the shadow of abuse. Many women experience abuse within a relationship. It happens in all communities, on every street, in every city.

You do not have to put up with it.

Many women have escaped from abusive relationships and built new lives for themselves and their children.

You have a choice.

If you need help to leave in an emergency:

Call us on 0800 4700 280

- At night and at weekends we have an emergency advice line
- Contact the police and they will help you to get to a safe house
- If you need medical attention go to a Hospital Casualty Department
- If possible, take with you your own front door key
- Bring clothing for you and your children
- Please bring proof of income and identity with you
- Keep our telephone number in a safe place

What's it like living in a safe house?

- Each house has a secret location
- The house is clean and well equipped
- You have a key to your own room and the front door
- You cook your own food
- There is play equipment and support for children
- There will be support for you from a key worker
- You have your own privacy
- There will be other women in similar circumstances to whom you can talk

How will you help me?

During your stay we will provide emotional and practical support for you and your children. We will help you with your benefits, your legal options, your housing options and custody of your children.

We are here to help you

If you are worried about domestic abuse andwant help or further information — please contact us. Call us now to protect yourself or anyone you know.

Phone 0800 4700 280

email: enquiries.northsomerset @nextlinkhousing.co.uk

Or **CHAT LIVE ONLINE** to one of our support workers at www.nextlinkhousing.co.uk/northsomerset click on "live chat NOW" (Mon to Fri 10am-4pm)

www.nextlinkhousing.co.uk/northsomerset X: @NextLinkHousing Instagram: @nextlinksupport www.facebook.com/nextlinkhousing

If you need help immediately – contact the police. They will help you find a safe house.



