

Are you in an abusive relationship? We can help you.

Community Outreach Services

Are you living in an abusive relationship?

It's not just you.

Many people experience abuse within a relationship. It happens in all communities, in all neighbourhoods, on every street.

You do not have to put up with it.

We can meet with you in a safe place in your community and talk to you about your situation in confidence. We can help you think through what your choices are to become safe. If you need space and time to think we will support you while you decide want you want to do.





We can help you if you are female, male or any other gender

- If you are at risk of harm from a partner, ex-partner or family member
- If you want to remain at home safely and remove your violent partner
- If you want to stay at home but are not ready to leave your abusive partner
- If you feel unsafe at home and need to go into a safe house
- If you are not sure what you want to do and want to talk to someone about your situation

What we can offer

- Someone to talk things over with
- Forming a safety plan
- Making your home safe
- Help you to go to court and get legal protection
- Support with housing
- Help with accessing benefits and budgeting
- Support with parenting
- Help with accessing training
- Help with accessing counselling
- Help to feel safe and rebuild your life
- We can also support you
 if you wish to use the criminal justice
 process to prosecute the perpetrator.



North Somerset

How long will the support last?

The support will be reduced as you become more safe.

We are here to help you

Don't suffer in silence, we can help you.

A Next Link worker will offer you immediate help with your situation.

Phone 0800 4700 280 email: enquiries. northsomerset @nextlinkhousing.co.uk



How can you contact us?

If you are worried about domestic abuse andwant help or further information – please contact us.

Call us now to protect yourself or anyone you know.

Phone 0800 4700 280

email: enquiries.northsomerset @nextlinkhousing.co.uk

Or **CHAT LIVE ONLINE** to one of our support workers at www.nextlinkhousing.co.uk/ northsomerset click on "live chat NOW" (Mon to Fri 10am-4pm)

www.nextlinkhousing.co.uk/ northsomerset X: @NextLinkHousing Instagram: @nextlinksupport www.facebook.com/nextlinkhousing

If you need help immediately – contact the police. They will help you find a safe house.

Next Link is part of Missing Link Mental Health Services. Missing Link is a Housing Association with charitable status, registered under the Co-operative and Community Benefit Societies Act (2014). Supported by North Somerset Council.



