

Safe House Support Services for men

We can help you

- Phone: 0800 4700 280
- Text: 07407 895620
- email: enquiries.southglos@nextlinkhousing.co.uk

South Glos

Are you a male victim of domestic abuse?

Need a safe place to stay?

We can help you.

If you contact Next Link we can talk to you about your situation in confidence.

Men and women have the same rights for protection against domestic abuse.

We are here to help you

Don't suffer in silence, we can help you.

Next Link can provide a safe house, support and advice about your future.

Contact us.

We can meet with you and provide emotional and practical support for you and your children.

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SCAN THIS CODE FOR OUR WEBSITE



Domestic abuse affects some men too.

Male victims, like female victims, may live with domestic abuse for years before they tell anyone or seek help.

You do not have to put up with it.

You can escape from a violent relationship and build a new life for yourself. **You have a choice.**

If you need help to leave in an emergency:

Call us on 0800 4700 280
or text: 0740 789 5620

- At night there will be an ansaphone but don't worry, help is still available
- Contact the police and they will help you to get a safe house
- If you need medical attention go to a Hospital Casualty Department

If possible:

- Take your own front door key
- Bring clothing for you
- Please bring proof of income and identity with you
- Keep our telephone number in a safe place

What's it like living in a safe house?

- This house has a secret location
- The house is clean and well equipped
- You have a key to your own room and the front door
- You cook your own food
- There will be support for you from a key worker
- You have your own privacy
- There will be other men in similar circumstances to whom you can talk

How long can I stay?

You can stay for up to 6 months.

During your stay we will provide you with emotional and practical support.

We will help you with your benefits, your legal options and your housing options.

How to contact us

If you are worried about domestic abuse and want help or further information – please contact us.

Call now to protect yourself or anyone you know.

Phone: 0800 4700 280

Text: 07407 895620

email: enquiries.southglos@nextlinkhousing.co.uk

Or chat live online to one of our support workers at www.nextlinkhousing.co.uk/southglos click on "live chat NOW" (Mon-Fri 10am-4pm)

www.nextlinkhousing.co.uk/southglos

X: @NextLinkHousing
Instagram: @nextlinksupport
www.facebook.com/nextlinkhousing

If you need help immediately – contact the police. They will help you.