

Safe House Support Services for women and families

We can help you

- Phone: 0800 4700 280
- Text: 07407 895620
- email: enquiries.southglos@nextlinkhousing.co.uk

South Glos

Need a safe place to stay?

We can help you.

We have safe houses for single women, women with children and women with complex needs.

We can talk to you about your situation in confidence.

Call us on 0800 4700 280

We are here to help you

Don't suffer in silence,
we can help you.

Next Link can provide a safe house,
support and advice about your future.

Contact us.

We can meet with you and provide
emotional and practical support for you
and your children.

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email: enquiries.southglos@
nextlinkhousing.co.uk

SCAN THIS
CODE FOR
OUR WEBSITE



Are you in an abusive relationship? It's not just you.

Many women and children live their lives in fear of violence and abuse. Many women experience violence within a relationship. It happens in all communities, on every street, in every city.

You do not have to put up with it.

Many women have escaped from abusive relationships and built new lives for themselves and their children. **You have a choice.**

If you need help to leave in an emergency:

Call us on 0800 4700 280
or text: 0740 789 5620

- At night there will be an ansaphone but don't worry, help is still available
- Contact the police and they will help you to get a safe house
- If you need medical attention go to a Hospital Casualty Department

If possible:

- Take your own front door key
- Bring clothing for you and your children
- Please bring proof of income and identity with you
- Keep our telephone number in a safe place

What's it like living in a safe house?

- Each house has a secret location
- The house is clean and well equipped
- You have a key to your own room and the front door
- You cook your own food
- There is play equipment and support for children
- There will be support for you from a key worker
- You have your own privacy
- There will be other women in similar circumstances to whom you can talk

How long can I stay?

You can stay for up to 6 months.

During your stay we will provide emotional and practical support for you and your children.

We will help you with your benefits, your legal options, your housing options and custody of your children.

How to contact us

If you are worried about domestic abuse and want help or further information – please contact us.

Call now to protect yourself or anyone you know.

Phone: 0800 4700 280

Text: 07407 895620

email: enquiries.southglos@
nextlinkhousing.co.uk

Or chat live online to one of our support workers at www.nextlinkhousing.co.uk/southglos click on "live chat NOW" (Mon-Fri 10am-4pm)

www.nextlinkhousing.co.uk/southglos

X: @NextLinkHousing
Instagram: @nextlinksupport
www.facebook.com/nextlinkhousing

If you need help immediately – contact the police. They will help you.